

PASTA

served with a side caesar OR tossed salad
substitute insalata roma add 2.20
substitute gluten-free pasta in select pastas add 2.00
grilled chicken add 4.00
hot italian sausage add 4.00
shrimp add 4.00

LINGUINI DI MARE 19.00
shrimp, scallops, mussels, calamari, light olive oil,
tomato sauce

GARGANELLI FUNGHI E CARNE 18.00
garganelli (a delicate, handmade penne style pasta),
caramelized onions, wood-fire roasted wild
mushrooms, beef tenderloin tips in a brandy jus,
cream + grana padano

LINGUINI POLLO E PESTO 16.75
grilled chicken, pesto cream sauce, plum
tomatoes, pinenuts, parmesan

LASAGNA 16.75
layers of naturally raised beef, wood-fire roasted
mushrooms, organic spinach, ricotta + mozzarella
cheese baked in tomato sauce, finished with
organic basil oil

PENNE CAPRI 16.00
grilled chicken, wood-fire roasted mushrooms,
spinach, tomato, finished with lemon garlic olive
oil, shaved grana padano

GNOCCHI GORGONZOLA 16.00
potato dumplings in a gorgonzola cream sauce
with roasted red peppers

FETTUCCINE SALMONE 15.75
applewood smoked salmon, snow peas in a fresh
dill vodka cream sauce

TORTELLINI 15.75
ricotta filled tortellini in spicy tomato cream sauce

SPAGHETTINI BOLOGNESE 15.50
traditional tomato + braised beef sauce

SPAGHETTINI SORRENTINA 15.00
oven cured tomatoes, bocconcini, onion, fresh
basil + garlic tossed in olive oil

FETTUCCINE ALFREDO 14.25
white wine, cream + butter sauce, fresh parmesan

SPAGHETTINI PRIMAVERA 13.50
broccoli, spinach, peppers, caramelized onions,
fresh tomato sauce, parmesan

PENNE ARRABBIATE 13.50
spicy tomato sauce with garlic + hot peppers

MAIN

ROAST RACK OF LAMB 29.00
roasted double lamb chop with roast potatoes
+ vegetables finished with a chianti reduction

STEAK 28.00
AAA striploin with rapini, buttery mash + button
mushrooms

ATLANTIC SALMON 23.00
grilled atlantic salmon fillet on a new potato,
vegetable medley with lemon parsley butter

VEAL LIMONE 22.00
veal scallopini sautéed with garlic, lemon,
demi glaze served with a butter, chive fettuccine
+ vegetables

CHICKEN ASIAGO 19.00
chicken breast stuffed with spinach + asiago
cheese topped with a honey mustard cream
sauce served with mashed potatoes + vegetables

CHICKEN PARMA + PASTA 18.00
chicken breast baked in tomato sauce, brick
mozzarella + parmesan cheeses, served with
linguini pomodoro



APPETIZERS

SOUP P/A
ask your server for today's selection

ANTIPASTO FOR TWO 18.00
whole roasted garlic, marinated olives, boconccini, roasted red peppers, prosciutto di parma, grilled artichoke hearts, sopressata + extra virgin olive oil

MUSSELS 11.75
¾lb fresh mussels in a spicy tomato sauce with pernod + herbs

GRILLED CALAMARI 11.50
on spiced, herbed tomatoes

SARDINIAN SPICED DEEP FRIED CALAMARI 11.50
with tartar sauce + lemon

SMOKED SALMON + CHÈVRE PLATE 10.00
with warm multigrain flatbread, capers, marinated red onions

CROSTINI 9.00
four pieces of grilled bread topped with oven roasted wild mushrooms, grana padano, basil + olive oil
additional pieces each 2.50

BRUSCHETTA 7.00
four pieces of italian bread toasted with olive oil, garlic, tomatoes + basil
with brick + mozzarella cheese 8.75
additional pieces each 2.00

GARLIC BREAD 5.00
toasted with fresh garlic, parsley butter
with cheddar cheese 6.00
with sun-dried tomatoes, brick + mozzarella cheese 7.00

SALADS

GRILLED CHICKEN + FETA 12.50
grilled chicken on baby spinach with goat feta + slivered almonds in a light honey mustard dressing

PEAR + GORGONZOLA SALAD 12.00
pear + arugula salad with a gorgonzola dressing finished with toasted walnuts + crumbled gorgonzola

INSALATA ROMA
mixed greens with chèvre, roasted red peppers, roasted walnuts + balsamic vinaigrette
small 8.00
large 11.00

WILD MUSHROOM + ARUGULA 11.00
medley of sautéed wild mushrooms, tomatoes, shaved grana padano + roasted shallot vinaigrette

CAESAR SALAD
crisp romaine with our famous caesar dressing
small 7.00
large 10.00
anchovies add 1.50

BABY GREENS
mixed greens, tomatoes + cucumber in a tangy lemon vinaigrette
small 6.75
large 9.00

ADD ONS
add to any of the above salads
6 oz. grilled salmon 10.00
6 oz. wood fired chicken breast 6.00

LUNCH BUFFET

Monday to Friday - 11:30 am to 2:30 pm 12.00

SANDWICHES

served with a side caesar OR tossed salad
substitute insalata roma add 2.20

VEAL 12.00
breaded veal cutlet with mozzarella with a rich tomato sauce

VEGETARIAN 11.00
roasted red pepper, eggplant, chèvre, pesto, arugula

GRILLED CHICKEN 11.00
grilled chicken breast, tomato, romaine hearts, red onion, provolone, roasted red pepper mayonnaise

PIZZA

For the same price, you can enjoy either our regular 10" pizza OR a mini pizza with side caesar OR tossed salad substitute insalata roma add 2.20

Our pizzas come on our regular crust
multigrain crust add 0.80
organic, yeast-free spelt crust add 2.00
gluten-free Quejos crust add 4.00

PESTO CHICKEN PIZZA 16.00
pesto, gaisli, grilled chicken, fried eggplant (lightly floured), roasted garlic

PROSCIUTTO PIZZA 15.50
tomato sauce, brick + mozzarella cheese, warm prosciutto, artichoke hearts, red pepper, black olives

PIZZA SANTO 15.75
organic spelt flour crust, tomato sauce, cheese flavoured topping, herbs, sautéed spinach, red onions, roasted red peppers

ITALIAN SAUSAGE PIZZA 15.00
tomato sauce, brick + mozzarella cheese, spicy italian sausage, grilled red onions, fresh basil, chili oil

FIG PIZZA 15.00
mascarpone, warm prosciutto, figs, shaved grana padano, drizzle of honey, lemon dressed arugula

PIZZA POLLO 15.00
tomato sauce, provolone cheese, grilled chicken, roasted garlic, roasted red peppers

PIZZA GORGONZOLA 14.25
gorgonzola, red wine caramel pears, caramelized onions, walnuts, lemon dressed arugula

PIZZA SALMONE 14.50
mascarpone + chèvre cheeses, smoked salmon, grilled red onions, capers, shallots, salsa verde

VEGETARIAN PIZZA 14.25
tomato sauce, chevre, grilled zucchini, lightly fried eggplant & lemon dressed arugula

WILD MUSHROOM PIZZA 13.50
brie cheese, wood-fire roasted button, oyster + portobello mushrooms, fresh basil

MEDITERRANEAN PIZZA 11.50
tomato sauce, spinach, mozzarella, red peppers + red onions

HAWAIIAN PIZZA 11.25
tomato sauce, brick + mozzarella cheese, ham + pineapple

PEPPERONI PIZZA 9.75
tomato sauce, brick + mozzarella cheese, pepperoni

PIZZA SEMPLICE 8.00
tomato sauce, brick + mozzarella cheese, fresh herbs